

# CASE REPORT

I was diagnosed with Low LVEF on 15<sup>th</sup> February 2016. My Heart Pumping power dropped to 25%, which forced me to take 17 tablets a day. I was unable to do day-to-day normal activity, as I was having chest pain on exertion. My weight at that time was 108.70 kg.

My Relative advised me to go to Saaol Heart Center Surat branch. I met Dr. Rakesh Kathiriya and Dr. Bimal Chhajer, who advised me for EECP treatment and lifestyle modification. I started to follow diet advised by Saaol Heart Center, and

started taking treatment. Dr. Rakesh Kathiriya's guidance and hard work and Zero oil cooking helped me to lose weight.

After 35 hours EECP (Non-Surgical) Treatment, My LVEF increased to 55% and now instead of 17 tablets, I am taking only 1 Tablet a Day.

On 27 April 2017 my weight is 78.50 Kg. I would like to thank Dr. Bimal Chhajer, Dr. Rakesh Kathiriya and whole SAAOL Family for putting so much efforts to treat me. Thank you so much for giving my Life back.

	Before EECP Treatment	After EECP Treatment
Dates	As on 15 <sup>th</sup> February 2016	As on 27 <sup>th</sup> April 2017
LVEF%	25%	55%
Medicines	17 Tablets per day	1 Tablet per day
Weight	108.70 Kg	78.50 Kg

**Mr. Premchand Gupta**

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